

# CLARKSVILLE ATHLETIC CLUB FALL/WINTER 2020 SCHEDULE (effective 9-1-20)

## Kid's In Motion Activity Calendar

Ages 4 years - 6 years

Call or see the service desk to reserve your child's spot in class. You may call up to three days in advance to reserve.

Limited to 2 hours per day and 5 hours per week.

Children must be dressed and prepared to participate in the scheduled activity. Athletic shoes only. Please bring a water bottle with your child's name on it.

\*Please check monthly special guest schedule\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>4y-6y</b> 9:00a-10:00a Circuit Fit Fun Youth Fitness	<b>4y-6y</b> 9:00a-10:00a Ready, Set, Run Youth Fitness	<b>4y-6y</b> 9:00-10:00a Railyard Obstacle Youth Fitness	<b>4y-6y</b> 9:00a-10:00a Ready, Set, Run Youth Fitness	<b>4y-6y</b> 9:00a-10:00a Spark P.E./JR Karate- ALT Fridays Youth Fitness		
<b>4y-6y</b> 10:00a-11:00a Ready Set Run Track	<b>4y-6y</b> 10:00a-11:00a Movin-n-Shakin Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Zumba Kids Jr Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Circuit Fit Fun Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Railyard/Relay Races Youth Fitness		
<b>4y-6y</b> 11:00a-12:00p Sports Act.  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Wellbeats  Group X 2/ Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Sports Act.  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Hoops & Ropes  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Fun & Games  Youth Fitness		
<b>4y-6y</b> <b>6:00p-7:00p</b> Sports Play Youth Fitness	<b>4y-6y</b> <b>6:00p-7:00p</b> Relay Challenge Youth Fitness	<b>4y-6y</b> <b>6:00p-7:00p</b> Circuit Fit & Fun Youth Fitness	<b>4y-6y</b> <b>6:00p-7:00p</b> Railyard Youth Fitness			
<b>4y-6y</b> <b>7:00p-8:00p</b> Wellbeats Group X 2/ Youth Fitness	<b>4y-6y</b> <b>7:00p-8:00p</b> Fun & Games Youth Fitness	<b>4y-6y</b> <b>7:00p-8:00p</b> Food Pyramid Fun Youth Fitness	<b>4y-6y</b> <b>7:00p-8:00p</b> Fun & Games Youth Fitness			

