

CLARKSVILLE ATHLETIC CLUB 2019 SUMMER SCHEDULE (effective 6-3-19)

Kid's In Motion Activity Calendar

Ages 4 years - 6 years

Call or see the service desk to reserve your child's spot in class. You may RESERVE UP TO THREE DAYS IN ADVANCE.

Limited to 2 hours per day and 9 hours per week.

Children must be dressed and prepared to participate in the scheduled activity. **NO LONG SLEEVES/PANTS. PREPARE FOR WET ACTIVITIES DURING SUMMER CLASSES.** Athletic shoes/close-toe swim shoes only. *At the end of Sand Castle Fun we will utilize a garden hose to remove sand from hands and feet and to cool off. **LIFE VESTS ARE REQUIRED BY PARENT IN ORDER FOR CHILD TO PARTICIPATE IN SWIM TIME FUN.**
Sunscreen/Bug Repellent applied by Parent only.

^Please check monthly special guest schedule. During a Scheduled Special Guest, Class will not be scheduled outside during the hour block^

During Inclement Weather, Storms or High Heat Index, Class will be held inside.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4y-6y 9:00a-10:00a Sports Act. ^Youth Fit Rm/ Playground^	4y-6y 9:00a-10:00a Sports Act. ^Youth Fit Rm/ Playground^	4y-6y 9:00a-10:00a Minute to Win it! Youth Fit Rm/ Playground^	4y-6y 9:00a-10:00a Sports Act. ^Youth Fit Rm/ Playground^	4y-6y 9:00a-10:00a Anti-Bully Youth Fitness	4y-6y 9:00am - 10:00am +Food Pyramid Fun +Alternating Saturdays: Hands on Cooking class: Youth Fitness Room	
4y-6y 10:00a-11:00a *^Sand Castle Fun Sand Volleyball Court*	4y-6y 10:00a-11:00a *^Sand Castle Fun Sand Volleyball Court*	4y-6y 10:00a-11:00a *^Sand Castle Fun Sand Volleyball Court*	4y-6y 10:00a-11:00a *^Sand Castle Fun Sand Volleyball Court*	4y-6y 10:00a-11:00a *^Sand Castle Fun Sand Volleyball Court*	4y-6y 10:00a-11:00a *Sand Castle Fun Sand Volleyball Court	
4y-6y 11:00a-12:00p Swim Time Fun Outdoor Pool	4y-6y 11:00a-12:00p Swim Time Fun Outdoor Pool	4y-6y 11:00a-12:00p Swim Time Fun Outdoor Pool	4y-6y 11:00a-12:00p Swim Time Fun Outdoor Pool	4y-6y 11:00a-12:00p Swim Time Fun Outdoor Pool	4y-6y 11:00a-12:00p Swim Time Fun Outdoor Pool	
4y-6y 6:00p-7:00p **RelayChallenge ^Youth Fit Rm/ Playground^	4y-6y 6:00p-7:00p **ZumbaKids Jr. ® Youth Room	4y-6y 6:00p-7:00p **Anti-Bully Youth Room	4y-6y 6:00p-7:00p **Sports Play ^Youth Fit Rm/ Playground^			
4y-6y 7:00p-8:00p Wellbeats Youth Fitness	4y-6y 7:00p-8:00p Fun & Games Youth Fitness	4y-6y 7:00p-8:00p Food Pyramid Fun Youth Fitness	4y-6y 7:00p-8:00p Fun & Games Youth Fitness			

**Outdoor Evening Activities are TBA during this class.