

# CLARKSVILLE ATHLETIC CLUB FALL/WINTER 2018 SCHEDULE (effective 9-4-18)

## Kid's In Motion Activity Calendar

Ages 4 years - 6 years

Call or see the service desk to reserve your child's spot in class. You may call up to three days in advance to reserve.

Limited to 2 hours per day and 9 hours per week.

Children must be dressed and prepared to participate in the scheduled activity. Athletic shoes only.

\*Please check monthly special guest schedule\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>4y-6y</b> 9:00a-10:00a Ready, Set, Run Youth Fitness	<b>4y-6y</b> 9:00a-10:00a Ready, Set, Run Youth Fitness	<b>4y-6y</b> 9:00-10:00a ZumbaKids Jr. ® Youth Fitness	<b>4y-6y</b> 9:00a-10:00a Ready, Set, Run Youth Fitness	<b>4y-6y</b> 9:00a-10:00a Anti-Bully Youth Fitness	<b>4y-6y</b> 9:00am - 10:00am Anti-Bully/Food Pyramid Fun Rotating Schedule	
<b>4y-6y</b> 10:00a-11:00a Circuit Fit & Fun  Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Circuit Fit & Fun  Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Railyard Relay  Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Railyard Obstacle Course Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Sports Time Fun  Youth Fitness	<b>4y-6y</b> 10:00a-11:00a Circuit Fit & Fun  Youth Fitness	
<b>4y-6y</b> 11:00a-12:00p Spark P.E.  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Spark P.E.  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Wellbeats  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Food Pyramid Fun Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Fun & Games  Youth Fitness	<b>4y-6y</b> 11:00a-12:00p Wellbeats/Fun & Games  Youth Fitness	
<b>4y-6y</b> <b>6:00p-7:00p</b> Sports Play Youth Room	<b>4y-6y</b> <b>6:00p-7:00p</b> Self Defense Youth Room	<b>4y-6y</b> <b>6:00p-7:00p</b> Circuit Fit & Fun Youth Room	<b>4y-6y</b> <b>6:00p-7:00p</b> Fun & Games Youth Room			
<b>4y-6y</b> <b>7:00p-8:00p</b> Wellbeats Youth Fitness	<b>4y-6y</b> <b>7:00p-8:00p</b> Fun & Games Youth Fitness	<b>4y-6y</b> <b>7:00p-8:00p</b> Minute to Win It! Youth Fitness	<b>4y-6y</b> <b>7:00p-8:00p</b> Railyard Youth Fitness			