

# Aqua Aerobics Classes 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Boot Camp Aqua 9:00 a.m.	Hydro Power 9:00 a.m.	The Aqua Zone 9:00 a.m.	Strength Intervals 9:00 a.m.	Cardio Dance Party 9:00 a.m.	<div style="border: 1px solid black; padding: 5px; display: inline-block;">                         Aqua                          DyNaMix                          8:15 a.m.                     </div>	
<div style="border: 1px solid black; padding: 5px; display: inline-block;">                         Aqua                          DyNaMix                          4:30 p.m.                     </div>		<div style="border: 1px solid black; padding: 5px; display: inline-block;">                         Aqua                          DyNaMix                          4:30 p.m.                     </div>				
Cardio Intervals 5:30 p.m.			Cardio Splash 5:30 p.m.			

